

# DIABETES & METABOLIC CONCLAVE 2025

**13th July 2025**

## VENUE

**Auditorium, Rajiv Gandhi Law  
University, Patiala**

**5**

**CME CREDIT  
HOURS**



**Dr. Rohit Aggarwal**  
Organizing Chairman



**Dr. Arpit Garg**  
Organizing Secretary



## Esteemed Faculty



**Dr Sunil Mishra**



**Dr Ajay Aggarwal**



**Dr Ashu Rastogi**



**Dr Ganesh Jevalikar**



**Dr KS Kular**



**Dr Naveen Mittal**



**Dr Sameer Aggarwal**



**Dr BS Paul**



**Dr Vipin Talwar**



**Dr Vikas Makkar**



**Dr Sachin Mittal**



**Dr Rajat Gupta**



**Dr Emmy Grewal**



**Dr Rajneesh Mittal**



**Dr Rajeev Khanna**



**Dr Rakesh Goyal**

# Scientific Agenda

**Dr. Rohit Aggarwal**  
Organizing Chairman

**Dr. Arpit Garg**  
Organizing Secretary

## 9:00 am - Welcome Address

### Symposium 1: 9:05 am – 10:25 am | Pregnancy & Endocrinology

<b>9:05 am– 9:25 am</b>	:	<b>Male infertility: opening the pandora box</b>
Speaker	:	Dr Sachin Mittal
Moderator	:	Dr Saurabh Arora
Chairpersons	:	Dr Umesh Jindal, Dr Preet Kanwal Sibia, Dr Nitin Gupta, Dr Tanmaya Goel
<b>9:30 am – 10:00 am</b>	:	<b>Metformin for the management of DM in pregnancy: a duologue</b>
Panelists	:	Dr Rakesh Goyal, Dr Emmy Grewal
Moderator	:	Dr Rajneesh Mittal
Chairpersons	:	Dr Rajinder Gupta, Dr Ruby Bhatia, Dr Gursharan Sidhu, Dr Rajni Gupta
<b>10:05 am – 10:25 am</b>	:	<b>Subclinical thyroid dysfunction in pregnancy</b>
Speaker	:	Dr Sameer Aggarwal
Moderator	:	Dr Shivani Sidana
Chairpersons	:	Dr Ashi Sarin, Dr Sarabjeet Kaur, Dr Monika Gupta, Dr Shikha Gupta

### Symposium 2: 10:25 am – 12:00 pm | Thyroid Symposium

<b>10:25 am – 10:45 am</b>	:	<b>Interpretation of Thyroid Function Tests</b>
Speaker	:	Dr Ajay Aggarwal
Moderator	:	Dr Parul Jain
Chairpersons	:	Dr Rajeev Khanna, Dr Vikas Sharma, Dr HK Rao, Dr Ravinder Bansal
<b>10:50 am – 11:10 am</b>	:	<b>Congenital Hypothyroidism: Screening &amp; Management</b>
Speaker	:	Dr Ganesh Jevalikar
Moderator	:	Dr Jaspreet Singh
Chairpersons	:	Dr HS Raikhi, Dr Harjinder Singh, Dr Vipin Talwar, Dr Hemant Tuli

<b>11:15 am – 11:35 am</b>	:	<b>Approach to Thyrotoxicosis</b>
Speaker	:	Dr Rajat Gupta
Moderator	:	Dr Abhilasha Jain
Chairpersons	:	Dr BL Bhardwaj, Dr Inderpreet Kaur, Dr Rajesh Bhawani, Dr Soham Mukherjee
<b>11:40 am – 12:00 pm</b>	:	<b>Subclinical Thyroid Disorders: Case based approach</b>
Speaker	:	Dr Naveen Mittal
Moderator	:	Dr Savita Jain
Chairpersons	:	Dr Neeraj Goel, Dr Guralp Sachdeva, Dr Sanjay Goyal, Dr Kush Dev Jarial
<b>12:05 pm– 12:15pm</b>	:	<b>Mann ki baat, Chai ke saath</b>

### Symposium 3 - 12.15 pm – 3:20 pm | Diabetes Symposium

<b>12:15 pm – 12:35 pm</b>	:	<b>Prediabetes to Diabetes – Risk &amp; Prevention</b>
Speaker	:	Dr Ashu Rastogi
Moderator	:	Dr Robin Garg
Chairpersons	:	Dr RPS Sibia, Dr Manmohan Singh, Dr Sushil Kotru, Dr Amardeep Garg
<b>12:40 pm – 1:20 pm</b>	:	<b>Insulin initiation in Diabetes</b>
• 12:40 pm – 1:00 PM	:	Newer generation insulins: Scientific breakthrough beyond human insulins:
Speaker	:	Dr Vipin Talwar
• 1:00 pm – 1: 20 PM	:	A role play – Dr Rajeev Khanna, Dr Parul Jain
Moderator	:	Dr Arpit Garg
Chairpersons	:	Dr Vitull Gupta, Dr Rakesh Arora, Dr Lovleen Bhatia, Dr Vinay Dogra
<b>1:25 pm – 1:45 pm</b>	:	<b>Nutritional management in CKD</b>
Speaker	:	Dr Vikas Makkar
Moderator	:	Dr Shivani Singla
Chairpersons	:	Dr Sanjeev Gupta, Dr Amit Sharma, Dr Nitin Kumar, Dr Sumeet Dang

<b>1:45 pm – 2:00 pm</b>	:		
<b>2:00 pm – 3:00 pm</b>	:		
<b>3:00 pm – 3:20 pm</b>	:		
Speaker	:		
Moderator	:		
Chairpersons	:		
<b>3:25 pm – 3:55 pm</b>	:		
Speaker	:		
Moderator	:		
Chairpersons	:		

**Lamp Lighting**
**Lunch**

Management of painful Diabetic

Neuropathy

Dr BS Paul

Dr Sandeep Mittal

Dr Rohit Kapoor, Dr Ranjana Bhat,

Dr Manminder Kaur, Dr Ashish Bhagat

**Out of the box: Financial Wisdom for doctors**

Mr Vikas Sharma

Dr Arpit Garg

Dr Ajay Aggarwal, Dr Sameer Aggarwal,

Dr Rohit Aggarwal

**Symposium 4: 4:00 pm – 5:30 pm | Obesity Symposium**

<b>4:00 pm – 4:20 pm</b>	:		
Speaker	:		
Moderator	:		
Chairpersons	:		
<b>4:25 pm – 4:55 pm</b>	:		
• 3:25 pm – 3:45 pm	:		
Speaker	:		
• 3:45 pm – 3:55 pm	:		
Speaker	:		
• 3:55 pm – 4:05 pm	:		
Speaker	:		
Moderator	:		
Chairpersons	:		
<b>5:00 pm – 5:30 pm</b>	:		
Moderator	:		
Panelists	:		
Chairpersons	:		
<b>5.30 pm Onwards</b>	:		

**Lifestyle interventions for obesity**

Dr Sunil Mishra

Dr Shailesh Aggarwal

Dr Dalip Gupta, Dr Savita Kapila,

Dr Ramanbir Singh, Dr Amarjit Sawhney

**The anti-obesity revolution**

Exploring GIP-GLP1 agonism with

Tirzepatide

Dr Ashu Rastogi

The Art of Cardio-Kidney-Metabolic Health:

A SOULful Perspective on Oral Semaglutide

Dr Sameer Aggarwal

STEPPing up obesity care with Semaglutide

2.4mg

Dr Sameer Aggarwal

Dr Manoj Kataria

Dr Sudhir Varma, Dr Sunil Mishra.

Dr Sunil Arya, Dr MS Mann

**Pharmacotherapy or Bariatric Surgery – a duologue**

Dr Sushil Kotru

Dr Rajneesh Mittal, Dr K S Kular

Dr DP Singh, Dr Sahil Arora, Dr KP Singh,

Dr Anshuman Mittal

**Valedictory & Vote of Thanks**

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**TO REGISTER**



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