

DIABETES-METABOLIC CONCLAVE (DiaMetCON) 2025

13th July, 2025 Rajiv Gandhi Law Univ. Auditorium

Organizing Chairperson

Dr Rohit Aggarwal (MD, DM)

Organizing Secretary

Dr Arpit Garg (MD, DrNB)

Scientific Committee

Dr Charandeep Singh

Dr Vivek Singla

Dr Sumeet Dang

Dr Monica Varma

Executive Members

Dr Manmohan Singh

Dr Sudhir Varma

Dr Harminder Singh

Dr Sarita Aggarwal

Dr RPS Sibia

Dr Lovleen Bhatia

Dr J L Garg

Scientific Agenda

9 AM: Welcome Address

Symposium 1: 9:00 – 10:15 AM

Pregnancy & Endocrinology

9 - 9.20 am: Subclinical thyroid dysfunction in pregnancy

Speaker - Dr Sameer Aggarwal

Moderator - Dr Shivani Sidana

Chairpersons – Dr Ashi Sarin, Dr Sarita Aggarwal, Dr Monica Varma, Dr Sarabjeet Kaur

9:25 – 9:45 am: Male infertility: opening the pandora box

Speaker - Dr Sachin Mittal

Moderator - Dr Saurabh Arora

Chairpersons – Dr Prem Singla, Dr Umesh Jindal, Dr Preet Kanwal Sibia, Dr Anju Gupta

9:50 – 10:10 am: Metformin for the management of DM in pregnancy: a duologue

Moderator - Dr Rajneesh Mittal

Panelists: Dr Gaganpriya, Dr Emmy Grewal

Chairpersons - Dr Deepa Goyal, Dr Gursharan Sidhu, Dr Mandeep Singla, Dr Kirandeep Kaur

Symposium 2: 10.15 - 11.30 AM

Thyroid Symposium

10.15 - 10.35 am – Interpretation of Thyroid Function Tests

Speaker - Dr Ajay Aggarwal

Moderator - Dr Parul Jain

Chairpersons – Dr Vitull Gupta, Dr Rajeev Khanna, Dr Vikas Sharma, Dr Manoj Kataria

10:40 – 11:00 am – Congenital Hypothyroidism: Screening & Management

Speaker - Dr Ganesh Jevalikar

Moderator - Dr Jaspreet Singh

Chairpersons - Dr Raikhi, Dr Bharti, Dr Vipin Talwar, Dr Rajinder Garg

11.05 - 11.25 am – Approach to thyrotoxicosis

Speaker - Dr Rajat Gupta

Moderator - Dr Abhilasha Jain

Chairpersons – Dr BL Bhardwaj, Dr RPS Sibia, Dr Rajesh Bhawani, Dr Kush Dev Jarial

11:30 – 11:50 – Chai pe charcha

Symposium 3 - 11.50 – 1:20 PM

Diabetes Symposium

11.50 - 12.10 pm – Newer Drugs in Type 2 DM: Which shot to play

Moderator - Dr Neeraj Garg

Speaker - Dr Anil Bhansali

Chairpersons – Dr HL Bansal, Dr Brajesh Modi, Dr Sudhir Varma, Dr Sushil Kotru

12.15 - 12.45 pm – Insulin Initiation in Diabetes: A Role Play

Moderator – Dr Mandeep Singla

Panelists (Type 2 DM): Doctor – Dr Naveen Mittal

Patient – Dr Rajeev Khanna

Panelists (Type 1 DM): Doctor – Dr Rakesh Goyal

Patient – Dr Parul Jain

Chairpersons - Dr Rakesh Arora, Dr Lovleen Bhatia, Dr Ashish Bhagat, Dr Sanjay Goyal

12.50pm - 1.20pm – Pioglitazone in T2DM: A debate

Moderator: Dr Soham Mukherjee

Panelists: For – Dr Vipin Talwar Against – Dr Deepal Khandelwal

Chairpersons – Dr Manmohan Singh, Dr Amandeep, Dr Ajay Aggarwal, Dr Preyander Thakur

Lunch: 1:30 – 2:30 PM

Symposium 4: 2:30 – 3.45 pm

Obesity Symposium

2.30 – 2:50pm: Lifestyle interventions for obesity

Speaker – Dr Sunil Mishra

Moderator - Dr Robin Garg

Chairpersons –, Dr Shailesh Aggarwal, Dr Savita Kapila, Dr Ramanbir Singh, Dr Suneet Verma

2:55 - 3.15 pm – Pharmacologic management of obesity

Speaker - Dr SK Mathur

Moderator – Dr Ashok Rohilla

Chairpersons - Dr Ardaman Singh, Dr Atul Dhingra, Dr Gaurav Palikhe, Dr Rupinder Kaur

3.25 – 3.55 – Pharmacotherapy or Bariatric Surgery – a duologue

Moderator: Dr Atul Sharma

Panelists: Dr Rajneesh Mittal, Dr Kular

Chairpersons: Dr DP Singh, Dr Sahil Arora, Dr KP Singh, Dr Amarjeet Grover

Symposium 5: 3:55 – 5:05PM

Miscellaneous

3:55 – 4:15 pm – Nutritional management in CKD

Speaker – Dr Vikas Makkar

Moderator - Dr Neeraj Garg

Chairpersons – Dr Sanjeev Gupta, Dr Amit Sharma, Dr Nitin Kumar, Dr Sumeet Dang

4.20 - 4.40 pm – Management of painful Diabetic Neuropathy

Speaker – Dr BS Paul

Moderator: Dr Sandeep Mittal/Dr Vikas Lakhanpal

Chairpersons – Dr Gurjinder Pal Singh, Dr Sandeep Puri, Dr Sandeep Suri, Dr Vinay Dogra

4:45 pm – 5:05 pm – Male sexual dysfunction in Diabetes

Speaker - Dr Naveen Mittal

Moderator - Dr Ankit Singla/Dr Sandeep Mittal

Chairpersons – Dr Arvind Mittal, Dr Nitin Gupta, Dr Tanmaya Goel, Dr Yogesh Garg